# Prepared expressly for Secor Advisors Group, LLC



It is important to

creates a

understand how AVS develops your

longevity curve. Based on our analysis of your medical and health information, AVS generates your longevity profile and

statistical pool of 1,000

perfect replicas. We then

will be alive in each year going forward. The 50%,

30% and 10% percentile points along the curve are often milestones for financial planning.

calculate the likelihood that those in the statistical group

## **Customized Lonevity Curve Comparison to Peer Group**

Report Date: 5/27/2011 Client: John Smith DOB: 3/1/1943

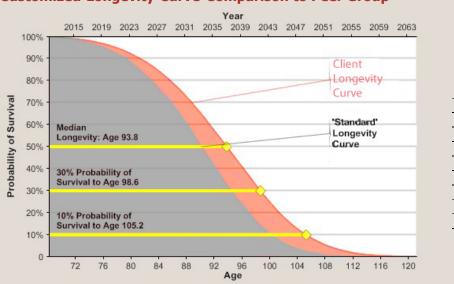
Male, Age 68.2

AVS has evaluated the medical information provided for**John Smith**, currently age **68.2**. The chart below shows John Smith's **longevity curve in red**. (See the note at left column for detail on how the curve was created.) Three points along the curve are highlighted: the points at which the probability of survival are 50%, 30% and 10%.

Family History - Client family health history, includes heart disease and cancer
Health Factors - Client has a history of prostate cancer, treated by a prostatectomy
Diet and Exercise - Client's diet is low in fat, and exercises three times a week
Education - Client has an advanced college degree and professional certification
Support System - Client is married (over 20 years) and two adult children

The **red line** in the chart, John Smith's longevity curve, compares to the **gray line**, which represents the longevity curve of a pool of people of John Smith's age and gender who are average or 'standard' according to mortality tables. John Smith's median (50%) longevity is 17%longer than standard.

To see the key factors affecting John Smith's longevity, turn to page 2 of this report. To see what changes might increase longevity and/or improve health, turn to page 2.



#### **Customized Longevity Curve Comparison to Peer Group**

Years Survival From Year Probability Age Now 90% 81.5 13 2024 80% 85.7 18 2028 70% 88.8 21 2031 60% 91.4 23 2034 2036 50% 93.8 26 40% 2039 96.2 28 30% 98.6 30 2041 20% 101.4 33 2044 10% 105.2 37 2048



### Customized Lonevity Comparison to Peer Group, John Smith

## Factors Impacting Longevity for John Smith

Checked on this page are the factors from the medical history of John Smith that had a positive or negative impact on the longevity curve on the preceding page. If there are areas where positive change could extend the longevity estimate in the future, we have noted them with an ① symbol.

#### Client: John Smith Gender: Male DOB: 3/1/1943

Family Medical History		Social Habits
	Father	Tobacco/Nicotine use
$\checkmark$	Cancer	✓ Non-smoker/no tobacco use
Cancer		Legal and illicit substance use
.an		Responsible alcohol use <u>4</u>
~	Type <u>Prostate</u>	Exercise, Activity Level, Social Involvement, and/or Travel
	Stage <u>Stage I</u>	Vigorous or more than expected for age
<b>~</b>	Year diagnosed/treated/re-treated 2008	Functional Status
✓	Non-melanomatous skin cancer(s) (i.e., SCC, BCC)	Active lifestyle/highly functioning
life	style and Habits	Active mestyle/mgmy runcuoming
	Yearly preventive/screening exam	Risk Factors for Cardiovascular Disease
Ŭ.	Nutrition: Heart healthy	✓ Overweight ()
A m ch th	Your longevity may be extended by actions you take. VS' assessment indicates that you could extend your redian longevity to age 94.7, 0.9 extra years, by making hanges in those areas, if all other conditions remain as rey are. Cose Weight	Current median (50th percentile) longevity: age <b>93.8</b> Potential median (50th percentile) longevity: age <b>94.7</b>
in be cc	xcess weight is a factor in many diseases and npairments as we age. Reduction of weight can be eneficial in the treatment and management of these onditions. Please consult your physician before beginning ny weight loss program.	Your longevity analysis should be updated every 2-3 years to assess the impact of changes in your health and the effect of advances in medical knowledge and treatment.

